



## PROCLAMATION

### September is National Suicide Prevention and Action Month

**WHEREAS;** September is known globally as “Suicide Prevention Month”, the **National Suicide Prevention + Action Month Proclamation** was created to raise the visibility of the mental health resources and suicide prevention services available in our community. The goal is to start the conversation about mental health and the impact of suicide to help destigmatize the conversation and help connect people with the appropriate support services; and

**WHEREAS;** According to the American Foundation for Suicide Prevention (AFSP), Suicide is the 10<sup>th</sup> leading cause of death among adults, and the 2<sup>nd</sup> leading cause of death among individuals between the ages of 10 and 34 in the US; and

**WHEREAS;** more than 48,000 people died by suicide across the United States in 2018, with an average of 132 suicides completed daily; and

**WHEREAS;** each and every suicide directly impacts a minimum of 100 additional people, including family, friends, co-workers, neighbors, and community members; and

**WHEREAS;** the Village of River Forest publicly places its full support behind those who work in the fields of mental health, education, and law enforcement; and

**WHEREAS;** global organizations like Hope For The Day (HFTD) and our local mental health partner, Thrive Counseling Services, serve on the front lines of a war that many still refuse to discuss, as stigma regarding suicide and mental health issues is far too prevalent; and

**WHEREAS,** we encourage all residents to take the time to understand the importance of mental health education and recognize that taking care of ourselves and others includes taking care of mental health.

**NOW, THEREFORE,** be it resolved that I, Village President Catherine Adduci, do hereby proclaim the month of September 2021, as National Suicide Prevention + Action Month in the Village of River Forest.

Dated this 13<sup>th</sup> day of September, 2021.

Catherine Adduci,  
Village President