



## VILLAGE OF RIVER FOREST E-NEWS

Thank you for taking the time to read the Village's E-News. These messages are sent approximately once per month and include timely information regarding Village events, news and other useful information. We strive to keep the content brief and relevant to the issues that matter most to the community.

### Message from the Village President



Dear River Forest Residents,

March is finally here and Spring Break is right around the corner!

#### Here is what happened during our Village Board Meetings in February

Economic development continues to be a top priority. On February 12, Trustees and I gave the "green light" to two firms, IBT/Walsh and Focus Development, to craft their development plans for the southeast corner of Lake Street and Park Avenue. These two firms were recommended by the Lake and Park Work Group consisting of Trustee Corsini and Trustee Conti. One or both firms will make a presentation in the coming weeks. Village Trustees and the Economic Development Commission will review proposals. We look forward to seeing their results.

With the extreme rise and fall in temperature this winter, our roads and alleys need more repair. On February 26 the Village Board of Trustees approved an ordinance that will allow the Village to issue \$500,000 in general obligation bonds to pay for public improvements such as street resurfacing, alley repairs, and other public works projects. This bond will be paid back through property tax revenue in two years. The Village Board discussed this opportunity initially at our Committee of the Whole meeting on January 22 during its review and consideration of the [2019-2023 Capital Improvement Plan](#). [Click here to listen to that portion of the meeting](#). The issuance of this bond is the most prudent decision for our Board to make. We continue to improve our property values by fixing our streets and alleys now instead of waiting years and letting our streets go into disrepair.

Trustees awarded a contract to KLOA Engineering that enables the Village and School District 90 to conduct a Safe Walking Routes to School (SWRTS) study. This initiative will identify the walking and biking routes students should use to travel to and from River Forest schools, evaluate the need for more crossing guards and assess where they might be situated. Parents will be able to

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provide input, which will be incorporated into the study. The [Traffic and Safety Commission](#) will review the study, provide input and take additional testimony from residents before a plan is adopted. A copy of [KLOA's proposal](#) and the scope of work they will provide are available on the [Village's website](#).

The Village has started the process of forming a tax increment financing (TIF) district for North Avenue from Thatcher Avenue to Harlem Avenue. The Village conducted informational meetings for property owners on February 21 and 22. In April, the eligibility study and report, redevelopment plan and project report, and housing impact study will be released; all will be posted on the Village's website. A public impact meeting will be held at that time. To read more, please visit the [Village's website](#).

Trustees adopted a Resolution encouraging Governor Bruce Rauner to veto Senate Bill 1451, the Small Wireless Facilities Deployment Act. We are concerned that this Bill will severely limit our authority to regulate the location and quantity of these facilities on taxpayer-owned land, light and utility poles. [Click here](#) to view a copy of the Resolution.

### **Here's What's Coming Up in March**

Village Trustees will review the proposed budget for 2019 Fiscal Year during their April 9 regular meeting, at 7:00 p.m. at the Village hall. The draft budget will be available [online](#) before the meeting. Staff will present a balanced budget that will include a five-year [Capital Improvement Plan](#) (CIP).

The Plan Commission will meet at 7 p.m., Monday, March 19 to review an Issues and Opportunities report from its consultant based on information already gathered during the Comprehensive Plan update process. A copy of the report will be available on or before Friday, March 16. A visioning workshop for property owners will be conducted in April. In the meantime, learn more about the Comprehensive Plan update [here](#).

Congratulations to Andrew Edwards on winning the middle school level award for the 2018 [One Earth Film Festival](#) Young Filmmakers Contest. His film is Plastic not Fantastic. We are very excited that he will be attending the award ceremony on March 3rd and the Village Board will recognize Andrew during its March 12 board meeting. Please come out and support Andrew and all the filmmakers who contributed to this years One Earth Film Festival starting March 2 and running through March 11.

Also, please consider attending "[Climate Change: the Earth Calls to Us](#)," from 2 to 4 p.m., Sunday, March 18 at the River Forest Public Library. Richard Treptow PhD, a retired Chicago State University professor, will focus on the issues; Eric Simon, of the River Forest [Sustainability Commission](#), will explain how the public can become engaged in local initiatives. ComEd will be there to sign residents up for a free energy evaluation.

Please mark your calendar and plan to attend the River Forest Police Department's second Community Crime Prevention Meeting from 6 to 7:30 p.m., Wednesday, April 25 at Village Hall. If you cannot attend this meeting, please consider sessions in July and/or October. [Click here](#) to learn more about the upcoming meetings or [view a copy of the presentation here](#).

In closing, the Board of Trustees and I would like to wish our residents a Happy Easter and Passover.

[Notification](#)

[Sign-up](#)

Sincerely,



Cathy Adduci  
Village President

## River Forest Polling Place Change

If you voted at First Presbyterian Church last year, please note that your polling place has changed. To locate your polling place, [click here](#). For other information on voting, visit [vrf.us/voting](http://vrf.us/voting).

## Forest Park St. Patrick's Day Parade

On Saturday March 3, 2018 Forest Park will host their annual St. Patrick's Day Parade. The parade will begin at 1 PM on Madison at Van Buren and will travel East on Madison into Forest Park.

There will be parking on the east side **only** in the 000 and 100 blocks of Ashland and Franklin and in the 000 block of Park. There will be parking **only** on the south side of Vine from Lathrop to Park. Vehicle and pedestrian traffic is expected to be heavy in this area from noon until 2 PM. Lathrop, Ashland, Franklin and Park will be open to local/resident traffic only and will be closed at Madison. Madison will be closed from Lathrop to Park during the parade.

## Know the Code!

As snow melts and weather slowly turns to Spring, the Village would like to remind all residents to help keep River Forest clean. Often times melted snow exposes trash and debris in alleys and along sidewalks. Please lend a hand by picking it up.

## Safety for the Season

Although the days are getting longer and we will be setting our clocks ahead soon, this is not the time to ease up on safety. Home heating can still present problems in your home. Check your smoke alarms when you change your clocks on March 11, 2018. [Click here](#) to read more.

## Message from School District 90

### Student Art Exhibit at River Forest Public Library

In collaboration with the River Forest Public Library, students from District 90's Lincoln School will exhibit some of their artwork from March 1 - 31 at the Library.

### Festival of Science

Willard School will hold its Festival of Science and Science Fair on March 15.

## Message from OPRFHS D200

### New OPRF Newsletter

To conserve resources, some of the local taxing bodies are

teaming up to combine their print communications to the community. Starting with the March-April issue, OPRF High School will be publishing its Community Connector in collaboration with Oak Park Elementary School District 97. [Click here](#) to see the new issue.

### Imagine OPRF wants YOUR input!



Imagine OPRF is the community-led group creating a long-term facilities plan for the high school. They are holding a series of community feedback meetings as options are considered and refined. All sessions take place in the OPRF South Cafeteria, 201 N. Scoville Ave. Please save the dates below and plan to attend! [Click here](#) for more details on the focus for each session.

- **Options:** April 16, 7:00 PM
- **Refined Options:** May 19, 9:30 AM, or May 21, 7:00 PM

## GREEN NEWS

### One Earth Film Festival



One Earth Film Festival is the Midwest's premier environmental film festival, creating opportunities for understanding climate change, sustainability and the power of human involvement. It showcases top-issue, thought-provoking environmental films and lead audiences in interactive post-film discussions focused on solutions. See below for a schedule of films being shown in River Forest. For a complete listing, [click here](#).

- March 3 - Good Earth Greenhouse, 6:30 PM *Evolution of Organics*
- March 6 - Roosevelt Middle School, 6 PM *The Gateway Bug*
- March 10 - Thatcher Woods Pavilion, 9 AM 3 *short family films* (ages 3-9), 11 AM *Straws*, *The Discarded*, and *Verge* (ages 9-13+), 1 PM *Jane*

**Congratulations Andrew Edwards** - Please join the Village Board of Trustees on March 12 at 7 PM at the River Forest Village Hall as they congratulate and view Roosevelt Middle School student, Andrew Edwards' short film, *Plastic Not Fantastic*. Andrew won the Middle School category of the Young Filmmakers Contest.

### Climate Lecture at River Forest Library

Retired Chicago State University professor Richard Treptow will review the causes, consequences and cures for climate change at [River Forest Public Library](#). Then, hear Eric Simon of the River

Forest Sustainability Commission on how you can participate in local initiatives to help. March 18, 2-4 PM.

DESTINATION:



**CLIMATE CHANGE  
THE EARTH CALLS TO US**  
SUNDAY, 3/18, 2-4 PM

Richard Treptow PhD, a retired Chicago State University professor, will review the causes, consequences and cures for climate change. Then, hear from Eric Simon of the River Forest Sustainability Commission on how YOU can participate in local initiatives to help. Also, ComEd will be here to sign residents up for their free energy evaluations!

Let's protect the world our children will soon inherit! Brought to you in partnership with the River Forest Township and River Forest Sustainability Commission.



RIVER FOREST PUBLIC  
YOUR JOURNEY STARTS HERE  
**LIBRARY**  
735 Lathrop 708.366.5205 riverforestlibrary.org

The next meeting of the River Forest Sustainability Commission is March 13, 2018 at 7 PM at the the River Forest Village Hall.

### Register Your Native Garden

Have you registered your native garden on the West Cook Wildlife Corridor map? Fill out the form below, and have your garden added to the map. It will help them to visualize how all of the gardens are collaborating to support the environment and increase biodiversity. You can read about the corridor here: [WCWO Wildlife Corridor](#)

### SAVE THE DATE

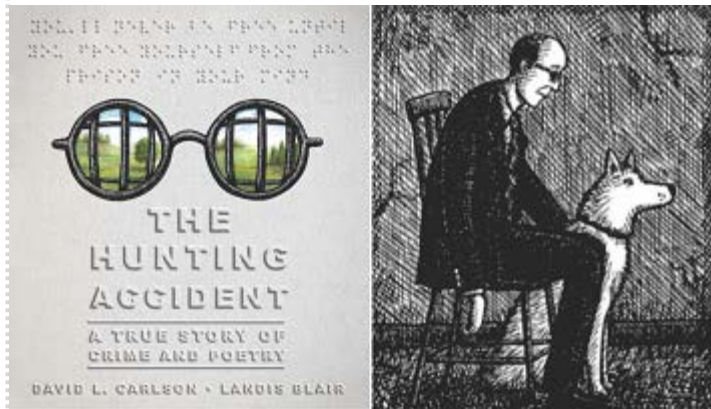
- **April 8 - Sustainability 101** - River Forest Public Library. The River Forest Sustainability Commission will present.
- **April 21 - River Forest Earth Day Celebration**
  - Des Plaines River Clean Up 8-10am
  - Recycling Extravaganza 9-1pm
  - Compost subscriber finished compost pick up-all day

## RIVER FOREST LIBRARY SPOTLIGHT

### Adults

Sunday, 3/4, 2-4 PM, The Hunting Accident: A

## Conversation, Adult



The Library's Foundation is thrilled to be sponsoring this special event about the new graphic crime novel, *The Hunting Accident*. Joining us will be the author David L. Carlson, illustrator Landis Blair, and Charlie Rizzo, whose father is the subject of the book. A book signing will follow the discussion. The Book Table will be here with copies of the book for patrons to purchase. [Registration is required](#) as attendance is limited.

### **Thursday, 3/8, 7-8:30 PM, The Chicago Cubs as Champions: Then and Now, Adult**

Sports historian Charles Billington, author of *Wrigley Field's Last World Series*, discusses the ramifications for the team's new identity in light of their 2016 World Series championship. Billington details the team's great success in its early years, continued dominance during the Depression, deep-seated futility in the last half of the 20th century, and their recent return to supremacy. Billington's program includes rare film footage of the team through the years and also explores the cultural, economic, and social significance the organization has had through Chicago's history. Brought to you in partnership with the River Forest Township.

## Teens

### **Thursday, 3/15, 3:30-4:30 PM, Spice It Up!, Grades 5-8**

What's the difference between coriander and cumin? Did you know chipotle isn't just a restaurant- it's a pepper, too? Come taste, smell, and see a variety of spices. [Advanced registration required](#).

### **Monday- Friday, 3/26-3/30/18, 1:30 PM, March Super Movie Madness, Grades 5-12**

Come watch your favorite superheroes take down the bad guys all week long. All movies are rated PG-13. 3/26: *Wonder Woman*, 3/27: *X-Men: Apocalypse*, 3/28: *Thor: Ragnarok*, 3/29: *Spiderman: Homecoming*, 3/30: *Guardians of the Galaxy 2*

## Children

### **Thursday, 3/8, 4-4:45 PM, Messy Science Slime Fest, Grades K-4**

Get ready for some ooey goey fun! Work together to make some slimy creations and learn about polymers. [Advanced registration required](#).

### **Sunday, 3/11, 3-4 PM, The Jungle Book, 4-10 years**

American Eagle Productions presents a live action musical play based on Rudyard Kipling's classic *The Jungle Book*. [Advanced](#)

[registration is required](#). Best for ages 4 and up.

**Wednesday, 3/21, 2-3 PM, Fire Station Story Time, 2 and up**

Visit the Fire Station for this special story time and tour. \*\* Note: Program is held at the River Forest Fire Station, 400 Park Ave., River Forest, IL 60305\*\* Ages 2 and up.

**Monday-Friday, 3/26-3/30, 10 AM-4 PM, Spring Break: Drop-in Programs**

- 3/26: Puppet Party, ages 1-10
- 3/27: Games Galore, ages 3-10
- 3/28: Freestyle Crafts, ages 3-10
- 3/29: Build-a-Fort, ages 2-10
- 3/30: Block Party, ages 2-10

## PARK DISTRICT SPOTLIGHT

### The Summer Camp Guide is here!



The [Summer Camp Guide](#) is now online, and resident registration for camps is open! The Summer Fun Guide will be online starting the week of March 26, and will be delivered to residents' homes April 9.

### Bubble Soccer

**Tuesday, March 20, 6 PM - 8 PM, Ages: 8 - 10 & 11 - 13**

What is Bubble Soccer? It's the latest sports craze to come to the USA. Two teams go head to head and compete in a game of soccer...except, they are strapped in a large bubble ball that allows them to push, shove, and knock their opponents down, without any of the drawbacks or concerns of getting hurt! It's actually safer than a regular game of soccer. Come out for some fun pick-up games of 4 on 4. FREE!

[Click here](#) to register.

### Easter Egg Hunt

**Friday, March 30, 9 AM (arrive early!), Ages: 2 - 10 (with parent)**

Join the River Forest Park District and the Easter Bunny for Springtime fun at our annual Easter Egg Hunt! The event is held

in specially designated areas of Keystone Park West. Children ages 2 - 10 will be divided into age groups and hunt for hundreds of candy and sticker filled eggs with children of similar age. Children should also be on the look-out for special golden eggs that are redeemable for prize baskets. **FREE! The hunt lasts only 5 minutes, so arrive early to avoid disappointment!**

[Click here](#) for details.

## Spring Break Mini-camps

**Creative Engineering Workshop, *New!*, Monday, March 26 - Tuesday, March 27, 9 AM - 4:30 PM, Ages: 7 - 12**

Participants will work with an advanced three-dimensional construction kit that they can keep and take home. Participants will design and build simple and complex models of a vehicle, a robot, and buildings. Kids will also get their own 3-volt geared motor to power up a moveable Radar Surveyor. In this hands-on workshop, kids will learn the many ways they can make motors run.

**The Amazing 4-in-1 Robot, *New!*, Wednesday, March 28 - Thursday, March 29, 9 AM - 4:30 PM, Ages: 7 - 12**

Participants will build their own interchangeable robot with four unique modes to take home. Kids will learn how different gears work as they build the Cricket, a joy on six legs. Kids will also build the Beast, a master of bi-pedal movement, and the Trailer, the little engine that could move forward, thanks to its motorized transmission. Finally, the best of all, kids will build Grandpa-Bot Robot, with huge eyes and bobble-head. As a bonus, kids will have fun building a wide range of additional robotic designs with the Robotic Building System. This hands-on program will help kids gain confidence and self-esteem, as they are the architects building the robots.

[Click here](#) to register.

## Chicago Bulls Ball Handling Camp

**Mondays, April 2 - April 23, 6:30 PM - 7:30 PM (ages 5 - 8), 7:30 PM - 9:00 PM (ages 9 - 14)**

The Bulls/Sox Academy will be hosting a Chicago Bulls Ball Handling camp for boys and girls ages 5 - 14. Every player, no matter their position, needs to learn how to handle the basketball. This camp will teach the latest techniques to help improve a player's ball handling, hand-eye coordination, and shooting/lay-ups off the dribble, as well as teaching children how to be student athletes and great teammates. Every participant will receive a camp t-shirt and personal scouting report.

[Click here](#) to register.

## Safe Sitter with CPR

**Sunday, April 8, 9 AM - 3 PM, Ages: 11 - 15**

Safe Sitter® prepares students to be safe when they are home alone, watching younger siblings, or babysitting. Students learn life-saving skills such as how to rescue someone who is choking and helpful information like what to do if there is severe weather. The lessons are filled with fun activities and role-playing.



exercises. Students even get to use CPR manikins to practice CPR and choking rescue!

[Click here](#) to register.

## TOWNSHIP SPOTLIGHT

### News from the Township Assessor

Township Assessor Pamela Kende reports that residents should have already received their first installment property tax bill. If you did not receive your bill or need a duplicate copy, please contact the Township Assessor's office at 708-366-2787. The first installment tax bill is **due March 1, 2018**; this is an estimated tax bill and is 55% of the total amount of property taxes to be paid in 2017.

**Senior and Senior Freeze Exemptions must be filled out and returned every year.** These exemptions reduce the amount of property tax due. All exemptions are taken into account on the second installment tax bill that usually comes out in July. Renewal and new applications must be **postmarked by Friday, March 2, 2018**.

**To qualify for the Senior Citizen Exemption** for Tax Year 2017, a taxpayer must have:

- been born prior to or in the year 1952,
- owned the property during 2017 or have a lease or contract for 2017 which makes them responsible for the real estate taxes, and
- used the property as his or her principal place of residence in 2017.

**To qualify for the Senior Freeze Exemption** for Tax Year 2017, a taxpayer must have:

- been born prior to or in the year 1952,
- a total household income of \$65,000 or less for Tax Year 2016,
- owned the property or had a legal, equitable or leasehold interest in the property on January 1, 2016 and January 1, 2017,
- used the property as his or her principal place of residence as of January 1, 2016 and January 1, 2017, and
- been liable for payment of 2016 and 2017 property taxes.

**The new Senior Freeze Exemption law expands eligibility by increasing allowable total household income to \$65,000, from the previous limit of \$55,000.**

Seniors who would like assistance in applying for the Senior and/or Senior Freeze Exemptions may contact Pamela Kende, the River Forest Township Assessor's at 708-366-2787.

### New "Movement and Memory for Joyful Aging" Class

Movement is life! Teacher Gloria Araya leads a fun exercise class specially designed for seniors, featuring music from Ella Fitzgerald, Frank Sinatra and more. The next 6-week session **starts March 28 on Wednesdays, 1:30-2:30 PM**, at the River Forest Community Center. \$50 per session; register through the RFCC, 708-771-6159, x200. Offered in partnership with River Forest Township. Call Cathaleen Roach at the River Forest Township for more information at 708-771-6159, x234.

### **Seniors: Come Play Pickleball!**

Pickleball is a paddle sport for all ages and abilities and is the fastest growing sport in America! It combines elements of tennis and ping pong, with rules which are simple to learn. Seniors are invited to play indoors **starting March 8** at a specially designated time at the Tennis and Fitness Centre of OPRF, 301 Lake Street (Lake and Ridgeland), Oak Park, **Thursdays, noon-2 PM**. Cost is \$10 for non-members/\$6 for members; equipment rental is \$2. **All levels are welcome, including beginners. Open to non-club members. Bring your friends; no need to register in advance.** Contact River Forest Township Supervisor Carla Sloan 708-366-2029 or [email](#) with questions.

### **Special Invitation to Seniors: Laura Ingalls Wilder Performance**

*Remember Little House on the Prairie?* Lincoln Elementary School cordially invites all seniors to a full-life portrayal performance of *Laura Ingalls Wilder, Writer of the Frontier*. **Monday, March 12, 12:30 PM** at Lincoln School, 511 Park Avenue, River Forest. Free of charge; please arrive 15 minutes prior to performance. RSVP by phone at 708-366-7340 or [email](#).

### **Winter/Spring Sibshops Continue**

Sibshops is a program specially designed for siblings of kids with disabilities and mental/physical health challenges. Siblings engage in fun activities and share conversation with each other and trained Sibshop facilitators.

Remaining Sibshops will be held on **3/3, 3/17, 4/7, 4/21, 11:30 AM-1:30 PM**, at Thrive Counseling Center, 120 S. Marion St. in Oak Park. Lunch is provided.

Pre-registration is required. \$10 per session. Space is limited. Need-based scholarships are available. For more info, please email Carla Sloan, River Forest Township Supervisor, via [email](#) or call 708-366-2029.

### **Support Groups for Those Who Lost a Loved One to Suicide**

Two monthly drop-in support groups are held monthly in River Forest for those suffering the loss of a loved one to suicide. Groups are run by LOSS (Loving Outreach to Survivors of Suicide) and are led by a licensed clinical social worker.

- **Teen Support Group:** For teenagers 13-18, **third Thursday of each month, 6-7:30 PM. Next meeting March 15.**
- **Adult Support Group:** For adults 18 and

over, **third Mondays of each month, 7-9 PM.**  
**Next meeting March 19.**

Hosted by River Forest Township (located at the River Forest Community Center), 8020 Madison Street. Please call 312-655-7283 for more information and to register, or visit [www.catholiccharities.net/loss](http://www.catholiccharities.net/loss).

All are welcome to try the groups. LOSS is a completely non-denominational program of Catholic Charities.

## **"Celebrating Seniors™ All Year Long" Programs Continue**

Seniors: Join us for these informative and engaging free programs, held at the River Forest Public Library!

- **Thursday, 3/8, 7 PM** – The Chicago Cubs as Champions: Then and Now, with author and sports historian Charles Billington
- **Sunday, 3/18, 2 PM** – Climate Change: The Earth Calls to Us with environmentalist Richard Treptow, PhD

Co-sponsored by River Forest Township and River Forest Library. People of all ages from all communities are welcome!

## **Seniors: Warm Up with Coffee Mondays**

Coffee Mondays continue at the River Forest Library on the **first Mondays at 10 AM**, Coffee provided by Blue Max; co-sponsored by the Township and Library.

- **March 5** - Start your spring cleaning! Resident Karen Taubman shares tips on how to sell your unwanted items for cash.
- **April 2** – "Booktalk"! Librarian Dorothy Houlihan shares about new and upcoming biographies.

## **March Events at Township Senior Services**

Township Senior Services is hosting two events at its center at 130 S. Oak Park Avenue in Oak Park:

- Path to Faithful Caregiving – 6-week faith-sensitive educational class designed to help caregivers take better care of themselves while caring for someone else; based on the idea that the success of a caregiver is rooted in a belief system. **Wednesdays, March 21-April 25, 10 AM - 12:30 PM.** To register, contact Steven Smith at 708-383-8060 X117.
- Senior Companions Program – Learn more about this program and how you can become involved in helping seniors enhance their independence in our community. **Tuesday, March 13, 11:30 AM.**

**Celebrating Seniors Week 2018 is Coming:  
April 26 - May 2!**

Celebrating Seniors Week 2018 will be held April 26-May 2 across River Forest, Oak Park and Forest Park. The weeklong celebration features programs and events especially for our seniors. River Forest Township is sponsoring the following lineup for the week:

- **Monday, April 30, 10 AM**, River Forest Village Hall – *“Protecting Yourself from Crime...At Any Age”* with River Forest Police Officer Glen Czernik.
- **Tuesday, May 1, 1 PM\*** – *“Having Fun with Genealogy Using Ancestry.com, FamilySearch.com and Facebook”* with River Forest resident and genealogy expert Abby Schmelling.
- **Tuesday, May 1, 5 PM\*** – *“Happy Hour Improv Fun and Games”*, a comedy improv class with River Forest resident and comedian Chris Hauri.
- **Wednesday, May 2, 10:30 AM\*** – *“Amazing (and Low-Cost!) Cultural and Educational Opportunities in our Own Back Yard”*, a panel discussion with representatives from Concordia, Dominican and Triton.
- **Thursday, May 3, 10:30 AM\*** – *“Using Legal Tools like Advanced Directives and Wills for Elder Life Planning”* with Attorney Tom Wendt.
- **Thursday, May 3, 2 PM\*** – *“Why We Need More Humor in our Lives”* with River Forest resident, author and humorist Al Gini.

\*Program held at the River Forest Community Center.

## **“Connect with Tech”: Learn something new this winter!**

Are you a senior who wants to get more out of your smartphone, eReader, tablet or personal computer? Would you like to explore better ways to connect electronically with family and friends? Come to “Connect with Tech”, which helps beginner tech users in a small group setting. Bring your questions and devices, or use one of the laptops provided. No need to sign up, just drop in anytime during the session to learn.

The newly revamped “Connect with Tech” program, formerly known as Computer Learning Lab, is offered in partnership with the River Forest Library.

“Connect with Tech” is held on **Wednesday mornings in March, 10-11:30 AM**, at the River Forest Library. Call 708-366-5205 for more information.

## **Tax Counseling for Low-Moderate Income Seniors**

Triton’s RSVP Program is once again offering free income tax preparation for low-moderate income seniors (age 60+).

Call 708-456-0300, x3895 to see if you qualify and to make an appointment.

The AARP Tax-Aide Program also services qualifying seniors in Forest Park or Franklin Park locations. Call 708-771-7737 for an appointment.

Time slots fill very quickly in both programs, so call as soon as possible.

## Seeking New Members on the Township Youth Services Committee

We are looking for energetic and passionate River Forest residents to fill openings on the volunteer Oak Park and River Forest Township Youth Services Committee (YSC). You can share in the process of funding local youth programs and address issues related to youth in the Oak Park and River Forest community. The YSC meets the first Wednesday of each month at 6:45 PM. Experience in youth-related areas is helpful but not required. If you are interested or have questions, please contact River Forest Township Supervisor Carla Sloan via [email](#) or 708-366--2029.

## Safe Disposal of Prescription and Over-the-Counter Medications

Safely dispose of unused or expired medications in the secure box in the basement of River Forest Village Hall, 400 Park Avenue. Pills/tablets only. No liquids/creams/hazardous items; no loose items. Pills can be disposed of in bulk in re-closeable plastic bags.

This safe action removes potentially dangerous medications from the home and helps the environment. The program is sponsored by the Cook County Sheriff's Department and is hosted by the River Forest Fire Department. A second secure collection box is located in the lobby of the Oak Park Police Department at OP Village Hall, 123 Madison Street.



If you no longer wish to receive this email please email [unsubscribe@vrf.us](mailto:unsubscribe@vrf.us).