

**VILLAGE OF RIVER FOREST
AGE-FRIENDLY AD HOC COMMITTEE
WEDNESDAY, AUGUST 12, 2020**

A regular meeting of the Village of River Forest Age Friendly Ad Hoc Committee was held on Wednesday, August 12, 2020 at 7:00 p.m. in the Community Room of Village Hall, 400 Park Avenue – River Forest, IL.

1. CALL TO ORDER/ROLL CALL

The meeting was called to order at 7:05 p.m. Upon roll call, the following persons were:

Present: Chairperson Respicio Vazquez, Chris Hauri, Ron Sherman, Daniel Lauber, Deborah Frederick, James Flanagan, Lydia Manning

Absent: Angie Seder

Also Present: Management Analyst Sara Phyfer

2. PUBLIC COMMENT

None.

3. APPROVAL OF MEETING MINUTES

Ms. Hauri made a motion, seconded by Mr. Sherman to approve the July 8, 2020 meeting minutes.

Roll call:

Ayes: Chairperson Respicio Vazquez, Chris Hauri, Ron Sherman, Daniel Lauber, Deborah Frederick, James Flanagan, Lydia Manning

Absent: Angie Seder

Nays: None

Motion Passes.

4. PRESENTATION FROM RIVER FOREST AND OAK PARK TOWNSHIPS: CARLA SLOAN, PAM MAHN AND BETSY KELLY

Township Supervisor Carla Sloan reviewed the programs and services offered by the Townships and reviewed older adult organizations in the area, including Arbor West Neighbors, Dementia Friendly River Forest, the Celebrating Seniors Coalition, and the Concordia University Center for Gerontology.

Mr. Flanagan briefly explained the history of the Celebrating Seniors Coalition and noted the organization has been collecting air conditioning units to distribute to seniors in need.

Ms. Kelly reviewed the recent surveys and needs assessments completed.

The Committee discussed the need to communicate available resources to seniors.

Ms. Hauri stated the next step of the Arbor West Neighbors' asset map was to identify gaps and which organizations would be able to fill them.

Ms. Sloan stated there is good inter-organization communication but that getting the word out to seniors in a cohesive way is the hard part.

Chairperson Vazquez suggesting also focusing on targeting communication to caregivers.

Ms. Mahn noted some of the outreach opportunities include staffing the farmers' market and conducting a campaign to reach individuals in the schools' alumni associations.

Ms. Frederick also suggested conducting outreach through physicians so they can share resources with patients, noting that people listen to their caregivers. Ms. Kelly noted a program in California called Linkages works with discharge planners.

The Committee discussed referral services and further communicating the asset map so people know the resources available. There was also a discussion about creating a database of people over 60 in the community. Mr. Flanagan emphasized the usefulness of a comprehensive listing of the population and volunteered to assist with this project.

Mr. Lauber suggested starting at age 45, noting that is the stage when people start to think about getting older. He stated the Committee needs to start thinking about what it wants to learn from a survey and discuss at the next meeting, and he urged everyone to read the reports. He also stated the Committee needs a budget to complete a survey.

Ms. Hauri stated the AARP Liveable Cities website had helpful materials and recommended everyone look at the action plans to get an idea of what the Committee is trying to accomplish. Mr. Lauber also suggested looking at the American Planning Association materials and to not blindly follow the AARP's 8 domains.

Chairperson Vazquez suggested there could be multiple surveys and the Committee needs to discuss what initiatives take priority. He stated that for the next meeting, the Committee focus on what objectives to tackle first and discuss the survey themes.

There was a brief discussion about how to conduct the survey.

Mr. Sherman left the meeting at 8:42pm and Ms. Hauri left at 8:47pm.

5. COMMITTEE MEMBER UPDATES: DEMENTIA FRIENDLY RIVER FOREST (DFRF) AND AGE-FRIENDLY COMMUNITIES COLLABORATIVE (AFCC)

Ms. Manning stated DFRF received some funding and will be putting together a website for virtual opportunities. She noted their next item is to created training videos.

Chairperson Vazquez provided an update regarding the AFCC. He stated the Metropolitan Mayors Caucus is putting together a funding application to the Retirement Research Foundation for student interns to work on age friendly initiatives with Caucus members.

6. OLD BUSINESS

None.

7. NEW BUSINESS

- a. Discussion of reading materials

Chairperson Vazquez reiterated that Mr. Lauber suggested reading the APA materials and Ms. Hauri suggested reading through the action plans on the AARP website. He stated they will focus on objectives at the next meeting.

Mr. Lauber requested the agenda and packet be published 10 days prior to the meeting. Chairperson Vazquez the agendas are purposely open to not limit the Committee and that there will not be surprise items up for discussion. He stated they will generally be developing the next meeting's agenda at the close of meetings.

8. NEXT MEETING: SEPTEMBER 9

9. ADJOURNMENT

Mr. Lauber made a motion, seconded by Ms. Manning, to adjourn the meeting at 9:03pm.

Roll call:

Ayes: Chairperson Respicio Vazquez, Daniel Lauber, Deborah Frederick, James Flanagan, Lydia Manning

Absent: Angie Seder, Ron Sherman, Chris Hauri

Nays: None

Motion Passes.

Sara Phyfer, Secretary