



VILLAGE OF RIVER FOREST
AGE-FRIENDLY ADVISORY AD-HOC COMMITTEE MEETING

Wednesday, October 13, 2021 – 6:00 PM
Village Hall – 400 Park Avenue – River Forest, IL 60305
1st Floor Community Room

AGENDA

Public comments will be shared with the Committee. You may submit your public comments via email in advance of the meeting to: Sara Phyfer at sphyfer@vrf.us. You may listen to the meeting by participating in a Zoom conference call as follows, dial-in number: 312-626-6799 with meeting ID: 851 0187 9310 or by clicking here: <https://us02web.zoom.us/j/85101879310>. If you would like to speak during public comment, please email sphyfer@vrf.us by 4:00 PM on October 13, 2021.

1. Call to Order/Roll Call
2. Public Comment
3. Approval of Meeting Minutes
4. Committee Member Updates: Dementia Friendly River Forest (DFRF) and Age-Friendly Communities Collaborative (AFCC)
5. Old Business
 - a. Continued Discussion and Consideration for Approval of Committee Survey Questions
 - b. Discussion Regarding Survey Distribution
 - i. Number of Individuals in the Sample
 - ii. Age Cut Off
 - iii. Timeline for Mailings
 - c. Discussion Regarding Survey Analysis
6. New Business
7. Next Meeting: November 10
8. Adjournment

**VILLAGE OF RIVER FOREST
AGE-FRIENDLY AD HOC COMMITTEE
WEDNESDAY, SEPTEMBER 8, 2021**

A regular meeting of the Village of River Age Friendly Ad Hoc Committee was held on Wednesday, September 8, 2021 at 6:00 p.m. in the Community Room of Village Hall, 400 Park Avenue – River Forest, IL.

1. CALL TO ORDER/ROLL CALL

The meeting was called to order at 6:03 p.m. Upon roll call, the following persons were:

Present: Chairperson Respicio Vazquez, Daniel Lauber, Deborah Frederick, Lydia Manning, Ron Sherman, James Flanagan, Helen Kwan, Barbara Mirel

Absent: None

Also Present: Management Analyst Sara Phyfer

2. PUBLIC COMMENT

None.

3. APPROVAL OF MEETING MINUTES

Mr. Flanagan made a motion, seconded by Mr. Sherman, to approve the August 11, 2021 meeting minutes.

Roll call:

Ayes: Chairperson Vazquez, Ron Sherman, Daniel Lauber, Deborah Frederick, Lydia Manning, James Flanagan, Helen Kwan, Barbara Mirel

Absent: None

Nays: None

Motion Passes.

4. COMMITTEE MEMBER UPDATES: DEMENTIA FRIENDLY RIVER FOREST AND AGE FRIENDLY COMMUNITIES COLLABORATIVE

Chairperson Vazquez stated AFCC did not meet.

Ms. Manning stated DFRF met on August 23 to revitalize their efforts and continue working to collaborate with Oak Park. She stated they hope to host an in-person event at the Sheridan in October.

5. OLD BUSINESS

- a. Discussion of Sample Surveys and Testing Questions

The Committee discussed the sample survey results. The Committee also discussed having staff request the registered voter list from the County because it includes birthdates, which could be utilized to generate a random sample of older adults.

There was also a discussion about the process of distributing the survey and following up with non-respondents. Mr. Flanagan volunteered to obtain quotes for mailing costs. The Committee reached a consensus to host the survey on Survey Monkey, which can then be exported for analysis. There was a brief discussion about what type of analysis the Committee is seeking. There was also a brief discussion about who would be responsible for inputting hard copy responses into the Survey Monkey version.

The Committee discussed questions proposed by Ms. Mirel but reached a consensus not to include them.

Chairperson Vazquez asked Committee members to submit any final tweaks by October 1.

6. NEW BUSINESS

7. NEXT MEETING: OCTOBER 13

The Committee reached a consensus to hold its next meeting Wednesday, October 13 at 6PM.

8. ADJOURNMENT

Mr. Flanagan made a motion, seconded by Ms. Manning to adjourn the meeting at 7:25 PM.

Roll call:

Ayes: Chairperson Vazquez, Ron Sherman, Deborah Frederick, Lydia Manning,
James Flanagan, Barbara Mirel, Helen Kwan, Daniel Lauber

Absent: None

Nays: None

Motion Passes.

Sara Phyfer, Secretary

DRAFT

The River Forest Age Friendly Survey



Your responses to this confidential, random sample survey are critical to enable the Village of River Forest to learn the needs of its most mature residents and make the village more “age friendly.” It will likely take just seven to 15 minutes to complete this survey. All responses will be kept confidential — your name and address will *not* be linked to your completed survey.

Social Participation						
	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree	Not Applicable
1. There are enough opportunities for me to meet people in River Forest.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Activities and events in River Forest are organized in places that are accessible to me.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. It is easy for me to learn about social events in River Forest.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. I find the range of events and activities offered throughout River Forest are sufficiently varied.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Technology						
	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree	Not Applicable
5. I have adequate internet access for my needs and wants.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. I am comfortable using a smartphone.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. I am comfortable using my electronic devices (e.g. computer, smartphone, tablet) to access information about things happening in River Forest.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Respect and Social Inclusion						
	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree	Not Applicable
8. I sometimes get annoying or negative remarks because of my perceived age.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. I sometimes feel discriminated against because of my age.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Civic/Social Involvement and Volunteer Opportunities

	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree	Not Applicable
10. I have enough opportunities to interact with younger generations within River Forest.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11. I am satisfied with the opportunities for social involvement in River Forest.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12. I am satisfied with the opportunities for civic involvement in River Forest.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
13. I am satisfied with the volunteer opportunities available to me in River Forest.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
14. I feel like a valued member of the River Forest community.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Communication and Information						
	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree	Not Applicable
15. It is easy for me to read signage in buildings (businesses, libraries, Village Hall etc.) in River Forest.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
16. Printed information from the Village of River Forest is easy for me to read in terms of type face and size.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
17. Digital information from the Village of River Forest is easy for me to read in terms of type face and size.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
18. Printed information from the Village of River Forest is written in understandable language to me.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Communication and Information						
	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree	Not Applicable
19. Digital information from the Village of River Forest is written in understandable language to me.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
20. I prefer to get information from the Village of River Forest via electronic means (email, text message, social media).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
21. I prefer to get printed information from the Village of River Forest via US Mail.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Community Support and Services for Older Adults						
	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree	Not Applicable
22. Social services in River Forest meet my needs.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
23. I know what services for older adults are available in River Forest.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
24. I know how to access services for older adults in River Forest.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
25. I use services for older adults in River Forest.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
26. It is important to me that River Forest is supportive of people living with Dementia	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Outdoor Spaces and Buildings						
	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree	Not Applicable
27. The businesses in River Forest are accessible with a wheeled walker or wheelchair.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
28. The sidewalks in my neighborhood are safe for me to use.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
29. I usually have enough time to cross streets safely in River Forest.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
30. There are enough places for me to sit and rest throughout River Forest.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
31. Street lights in River Forest are bright enough for me to safely walk at night.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
32. Street lights in River Forest are bright enough for me to safely drive at night.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Access to Transportation						
	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree	Not Applicable
33. I have easy access to public transportation (the El, Metra, bus).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
34. I usually take public transportation (the El, Metra, bus) to get where I need to go.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
35. I usually drive myself to where I need to go.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
36. I usually take a taxi or rideshare to where I need to go.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
37. I usually depend on others to get me where I need to go.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
38. I need assistance to get from my home to my ride	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
39. I am aware of the transportation services that River Forest Township provides.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Housing and Finances						
	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree	Not Applicable
40. My income is adequate to cover my basic needs.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
41. I can easily meet my monthly housing costs, including property tax.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
42. My home is accessible to me.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
43. My home is accessible to people who come to visit me or help me.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
44. My current home will allow me to have another person live with me.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
45. I feel safe in my home.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
46. My home is in a safe neighborhood.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
47. It is important for me to age in River Forest	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Housing and Finances						
	<u>Strongly Disagree</u>	<u>Disagree</u>	<u>Neutral</u>	<u>Agree</u>	<u>Strongly Agree</u>	<u>Not Applicable</u>
48. I would consider modifying my property to create a separate living space for a caregiver, a boarder, or parent.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
49. I would consider modifying my property to create a designated space for another adult (for example, an “in-law suite” or a freestanding small dwelling unit).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
50. I would consider living in an “in-law suite” or a freestanding small dwelling unit.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Demographics

51. What is your age? (Check one)

- 40-49
- 50-60
- 61-70
- 71-80
- 80+

52. Do you currently own or rent your home? (Check one)

- Own
- Rent

53. Which type of home do you currently live in? (Check one)

- Single family house - one story
- Single family house - two or more stories
- Townhouse
- Apartment or condominium in a multifamily building
- Other, please specify: _____

54. With whom do you live? (Check all that apply)

- Live alone
- Live with child
- Live with relative (other than spouse or child)
- Live with spouse
- Live with friend/roommate
- Live with caregiver

55. Do you use a caregiver? (Check one)

- Yes
- No

56. How long have you lived in River Forest? (Check one)

- Less than a year
- 1 to 5 years
- 6 to 10 years
- 11 or more years
- 16+ years

57. How much longer would you like to live in your current River Forest home? (Check one)

- Less than a year
- 1 to 5 years
- 6 to 10 years
- 11 or more years

58. How much longer do you wish to continue to live in River Forest? (Check one)

- Less than a year
- 1 to 5 years
- 6 to 10 years
- 11 or more years

59. Rank in order (1, 2, 3) the types of homes you would consider moving to next in River Forest?

- ___ Condominium
- ___ Apartment
- ___ Townhouse
- ___ Single family home – one story
- ___ Single family home – two or more stories
- ___ Granny flat/In-law unit/accessory dwelling unit (*a small apartment added to a house or a coach house above your garage you can rent out or live in yourself*)
- ___ Retirement home or assisted living for senior citizens
- ___ Group home or small assisted living home for seniors (6 to 10 residents)
- ___ Nursing home
- ___ Other: Please specify _____

60. Gender (check one):

- Male
- Female
- Non-binary

61. Race (check one):

- American Indian or Alaska Native
- Asian
- Black or African American
- Native Hawaiian or Other Pacific Islander
- White

62. Ethnicity (check one):

- Hispanic or Latino
- Not Hispanic or Latino

Optional

Please share any additional thoughts you may have about a specific question or section.
Please specify the question or section.

Question # or Section: _____

Question # or Section: _____

Question # or Section: _____

Thank you for completing this important confidential survey. Please place it in the return envelope and mail it back as soon as possible. Your name and address will not be linked to your survey in order to maintain its confidentiality.