

**VILLAGE OF RIVER FOREST  
AGE-FRIENDLY AD HOC COMMITTEE  
WEDNESDAY, OCTOBER 14, 2020**

A regular meeting of the Village of River Forest Age Friendly Ad Hoc Committee was held on Wednesday, October 14, 2020 at 7:00 p.m. in the Community Room of Village Hall, 400 Park Avenue – River Forest, IL.

**1. CALL TO ORDER/ROLL CALL**

The meeting was called to order at 7:02 p.m. Upon roll call, the following persons were:

Present: Chairperson Respicio Vazquez, Chris Hauri, Daniel Lauber, Deborah Frederick, James Flanagan, Lydia Manning, Ron Sherman (*left the meeting at approximately 7:45*)

Absent:

Also Present: Management Analyst Sara Phyfer

**2. PUBLIC COMMENT**

None.

**3. APPROVAL OF MEETING MINUTES**

Mr. Flanagan made a motion, seconded by Ms. Hauri to approve the September 9, 2020 meeting minutes.

It was noted that Mr. Sherman was absent from the September meeting and the minutes should be updated to reflect that.

Roll call:

Ayes: Chairperson Respicio Vazquez, Chris Hauri, Ron Sherman, Daniel Lauber, Deborah Frederick, James Flanagan, Lydia Manning

Absent: None

Nays: None

Motion Passes.

**4. INTRODUCTION OF GRACE MUELLER FROM METROPOLITAN MAYOR'S CAUCUS**

Chairperson Vazquez introduced Ms. Mueller from the Metropolitan Mayor's Caucus. He stated the Committee can use Ms. Mueller's assistance doing research.

Ms. Mueller introduced herself and stated she is particularly interested in how seniors are marginalized from resources.

**5. PRESENTATION FROM BRAD WINICK**

Chairperson Vazquez introduced Mr. Winick.

Mr. Winick stated he is flattered to have been asked to meet with the Committee. He [presented](#) and discussed the difference between aging in place and aging in community. He noted that Aging in Community is a mindset, approach, and strategy whereas Age-Friendly is a particular protocol sponsored by WHO/AARP. He emphasized the three elements to successful age-friendly programs: commitment (to building and sustaining an age-friendly community), support (for this work with staff, community and/or outside resources), and integration (between age-friendly work with other community programs and priorities). He also discussed the integration with assets and other efforts within the community.

Trustee Vazquez stated that he can now truly appreciate this distinction and asked how the Committee gets an assessment of the needs of seniors in the community. He stated the Committee could look at their role now as aging in community.

Mr. Winick and the Committee discussed how to assess needs. Mr. Winick stated the challenged is to translate what is learned into a plan and emphasized evaluating existing programs.

In response to a question from Chairperson Vazquez, Mr. Winick suggested a short survey and noted the importance of getting to the big issues in the community. The Committee discussed the challenges of a rigorous commitment to the 8-domain protocol (of AARP).

The Committee discussed taking a more regional approach in the future but to keep the assessment local.

Ms. Manning suggested conducting a meta-analysis of the available data and analyzing the aging issues already discovered in order to hone their tools.

The Committee discussed how housing fits into aging in community and defining what is really meant by this concept. There was also discussion about including younger age cohorts like 45-50 to come up with a more holistic community strategy.

Ms. Manning and Mr. Flanagan volunteered to analyze the available data to identify gaps in order to help customize the assessment tools.

Chairperson Vazquez stated the Village does have a commitment to this and that the Committee is working towards support and integration. He expressed hope that by identifying gaps, they could get to a place of taking action.

## **6. COMMITTEE MEMBER UPDATES: DEMENTIA FRIENDLY RIVER FOREST AND AGE FRIENDLY COMMUNITIES COLLABORATIVE**

Ms. Manning stated the DFRF website is continuing to be built out and will include a training section for businesses.

Chairperson Vazquez stated that at the previous meeting of the AFCC, the group discussed dementia friendly training for first responders. He noted that River Forest already does this. He noted the AFCC is also putting together a repository of the activities and resolutions the different municipalities are doing related to these types of topics.

## **7. OLD BUSINESS**

- a. Continued Discussion of Committee's Objectives and Survey Themes

The Committee reached a consensus to leave this open until the meta-analysis is complete and then they would determine the areas to focus on.

## **8. NEW BUSINESS**

- a. Other Business

Ms. Manning noted that Officer Ransom would be presenting at Coffee Monday regarding dementia. She also noted the upcoming Age Friendly Virtual Summit.

Chairperson Vazquez reported that the Township is another resource and would be able to assist with listening sessions.

## **10. NEXT MEETING: NOVEMBER 11**

There was a brief discussion that the November meeting would be a check-in for the meta-analysis and that the December meeting could be changed to accommodate a completion of the report.

## **10. ADJOURNMENT**

Ms. Manning made a motion, seconded by Ms. Hauri to adjourn the meeting at 8:59pm.

Roll call:

Ayes: Chairperson Respicio Vazquez, Chris Hauri, Daniel Lauber, Deborah Frederick,  
James Flanagan, Lydia Manning

Absent: Ron Sherman

Nays: None

Motion Passes.

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Sara Phyfer, Secretary