

VILLAGE OF RIVER FOREST AGE-FRIENDLY ADVISORY AD-HOC COMMITTEE MEETING

Tuesday, December 8, 2020 – 7:00 PM Village Hall – 400 Park Avenue – River Forest, IL 60305 2nd Floor Conference Room

AGENDA

Physical attendance at this public meeting is limited to 10 individuals, with Committee members and staff having priority over members of the public. Public comments will be shared with the Committee. You may submit your public comments via email in advance of the meeting to: Sara Phyfer at sphyfer@vrf.us. You may listen to the meeting by participating in a Zoom conference call as follows, dial-in number: 312-626-6799 with meeting ID: 845 6042 2054 or by clicking here: https://us02web.zoom.us/j/84560422054. If you would like to speak during public comment, please email sphyfer@vrf.us by 5:00 PM on December 8, 2020. THAT SAID, PLEASE NOTE THAT THE GOAL IS TO CONDUCT THE MEETING VIRTUALLY, SO ONLY COME TO VILLAGE HALL FOR THE MEETING IF YOU DO NOT HAVE THE CAPABILITY OF PARTICIPATING VIRTUALLY.

- 1. Call to Order/Roll Call
- 2. Public Comment
- 3. Approval of Meeting Minutes
- 4. Committee Member Updates: Dementia Friendly River Forest (DFRF) and Age-Friendly Communities Collaborative (AFCC)
- 5. Old Business
- 6. New Business
 - a. Discussion of Age-Friendly Oxford Plan
 - b. Discussion of Survey Next Steps
- 7. Presentation from OPRF Townships Senior Services Director Pamela Mahn Regarding OPRF Home Repair Program Partnership Opportunity
- 8. Next Meeting: January 9
- 9. Adjournment

VILLAGE OF RIVER FOREST AGE-FRIENDLY AD HOC COMMITTEE WEDNESDAY, NOVEMBER 11, 2020

A regular meeting of the Village of River Forest Deer Management Ad Hoc Committee was held on Wednesday, November 11, 2020 at 7:00 p.m. in the Second Floor Conference Room of Village Hall, 400 Park Avenue – River Forest, IL.

1. CALL TO ORDER/ROLL CALL

The meeting was called to order at 7:00 p.m. Upon roll call, the following persons were:

Present: Chairperson Respicio Vazquez, Chris Hauri, Daniel Lauber, Deborah Frederick,

James Flanagan, Lydia Manning, Ron Sherman

Absent: None

Also Present: Management Analyst Sara Phyfer

2. PUBLIC COMMENT

None.

3. APPROVAL OF MEETING MINUTES

Ms. Manning made a motion, seconded by Mr. Lauber to approve the October 14, 2020 meeting minutes.

Roll call:

Ayes: Chairperson Respicio Vazquez, Chris Hauri, Ron Sherman, Daniel Lauber,

Deborah Frederick, James Flanagan, Lydia Manning

Absent: None Nays: None Motion Passes.

4. COMMITTEE MEMBER UPDATES: DEMENTIA FRIENDLY RIVER FOREST AND AGE FRIENDLY COMMUNITIES COLLABORATIVE

Ms. Manning reported that DFRF is still working on the website and is hoping to have it launched by the end of the year. She noted Officer Ransom presented on dementia friendly programs at Coffee Monday.

Chairperson Vazquez reported that the AFCC did not meet.

5. OLD BUSINESS

a. Update on Status of Data Analysis

Ms. Manning introduced Lauren Bouchard and summarized their findings. She stated what the surveys yield is a gauge for a temperature of where the community is in terms of what is going on and noted the key areas to focus on.

The Committee discussed food insecurity and noted nutrition for seniors is important to include.

Mr. Flanagan the Committee needs to find areas to reduce overlapping services with other organizations and where to focus instead.

Ms. Hauri noted the Arbor West asset map did a good job of clarifying what different organizations provide.

The Committee discussed the key areas of need from the data synthesis: affordable housing, transportation, and assistance regarding medical concerns in terms of case management and navigating the healthcare system, as well as the idea of an "age hub."

In response to a question from Chairperson Vazquez, Ms. Manning noted the community is program rich but there are opportunities for engagement with seniors and intergenerational programs.

Ms. Manning highlighted the Age-Friendly Oxford plan and offered to reach out to get more information and to contact the Scripps Gerontology Center to help find the right partners.

In response to a question from Chairperson Vazquez, Ms. Manning stated the Committee can put its survey together looking at the report and script used by Oxford and stated there could be an opportunity to outsource the mailing, collecting, data analysis and writing of the report. She stated they can put together a budget.

The Committee discussed actionable areas to focus on including affordable housing, transportation, and social connectedness/opportunities for social engagement. There was emphasis to focus on areas that the government can actually do something about. The Committee also discussed using the Oxford survey as a template, if possible, and highlighted the gap analysis.

Chairperson Vazquez summarized that the Committee members would review the Oxford plan and survey to look for modifications. He stated Ms. Manning would try to get a Word version of the survey and to obtain a cost or quote for some of the legwork.

Ms. Manning stated she would outline tasks in an Excel spreadsheet.

6. NEW BUSINESS

a. Other Business

Chairperson Vazquez noted that Ms. Hauri volunteered to attend the NASFC webinar. He noted that Pam from the Oak Park Township is working on a handyman program and will present at the Committee's next meeting.

7. NEXT MEETING: DECEMBER 9 OR TBD

The Committee reached a consensus to hold its next meeting on Tuesday, December 8 at 7PM.

8. ADJOURNMENT

Mr. Lauber made a motion, seconded by Mr. Sherman to adjourn the meeting at 7:53pm.

Roll call:

Ayes: Chairperson Respicio Vazquez, Chris Hauri, Daniel Lauber, Deborah Frederick,

James Flanagan, Lydia Manning, Ron Sherman

Absent: Deborah Frederick

Nays: None Motion Passes.

Sara Phyfer, Secretary



Quick Tips for OPRF Home Repair Program

- Senior pays hourly rate plus cost of materials stipend may be available (to cover hourly rate and in some instances the cost of materials) for those with income below 18,000/year year 1 through Celebrating Seniors Coalition, year 2 apply for funds through AgeOptions
- Payment made directly from participant to handy person (Cash or Check only)
- Handy persons do not receive mileage reimbursement
- **COVID-19 questionnaire and precautions** for handy person and participants (PPE masks, gloves, face shields made available to handy persons and participants)
- Cost of partner agreemment is with NWHP to offset costs paid to handy person, balance to NWHP for administration of the program (advertising costs, background checks, data, reporting, etc)
- Handy persons are employed by NWHP, not housed at any given site, dispatched to jobs as assigned
- Partners will be named as additional insured
- Handy persons will be trained in Dementia Friendly practices
- Repeat participation in the existing program is about 40%
- **Responsiveness** Timeframe from intake to repair is about a week depending on handy person and participant connecting and arranging mutually agreeable time for repair



OAK PARK AND RIVER FOREST HOME REPAIR PROGRAM

- Mission of The Organization
 - Expansion History of the Program
- Meeting the Needs in Our Communities
 - Eligibility Criteria, Job Types & Funding Partners
 - Income Scale Price Per Hour
 - Potential for Additional Subsidy to Offer Free Services o Low Income Residents
- What Do We Do?
- What Do They Do?
- Next Steps



MISSION

• Established in 1990, North West
Housing Partnership (NWHP) is a
nonprofit agency that promotes
public and private partnerships that
create and preserve cost-effective
quality housing for low to moderate
income residents and workers
through housing development and
renovation, education, and advocacy.

The Northwest Suburban Housing Collaborative (NWSHC) and NWHP:

- 2014 partnered with NWHP to administer the Handyman Program for Arlington Heights, Buffalo Grove, Mount Prospect, Palatine and Rolling Meadows.
- 2017 NWHP expanded program to include Des Plaines and communities in Palatine and Wheeling Townships through an Age Options & Des Plaines grant.
- 2020 working collaboratively to offer program to residents of Oak Park and River Forest.

DO YOU NEED HELP WITH SIMPLE HOME MAINTENANCE? IF YOU ARE 60 OR OLDER GIVE NWHP A CALL.

SENIOR HOME REPAIR PROGRAM

Residents of Oak Park and River Forest now have access to a NEW option for simple home maintenance repairs.



Eligibility Requirements:

- 60+ years of age
- Only minor home repairs
- All income levels welcome

Fees are either \$20, \$30 or \$40 an hour depending on income. Repairs done by insured, and reliable professionals.

Examples of Eligible Work:

- Grab bars
- Hanging curtains
- Attic Stairs
- Disposal Repair
- Door Locks
- Ceiling Fan
- Light Fixture
- Screen Repair
- Faucet Repair

Sink Repair

Soffit Repair

Toilet Repair

Window Repair

Drain

Gutters cleaning

Shower Door

Hanging Pictures

Putting up Shelves

*NO EMERGENCY REPAIRS

Contact NWHP for more information (847) 969-0561

Mon-Fri -9am-5pm

www.nwhp.net - dawnmocko@nwhp.net

NWHP is a HUD <u>APPROVED</u> housing counseling agency.

Funding for portions of the Senior Handyman Program is provided by:











1701 E. Woodfield Road, Suite 203
Schaumburg, Illinois 60173
Phone: 847.969.0561 | Fax: 847.969.0564 | www.nwhp.net

HANDYMAN

INCOME SCALE

NO. OF PERSONS IN HOUSEHOLD	INCOME LEVEL	PRICE PER HOUR
Any	\$45,000 or above	\$40
	\$33,000 or above	\$30
	Below \$33,000 to	\$20
	\$18,0000	

In early 2021, NWHP will be eligible to apply for funding under the RFP for Title III Services through Age Options to expand their sliding scale for services to low income residents of Oak Park and River Forest.

AGE OPTIONS POVERTY LEVEL INCOME SCALE (FREE)

NO. OF PERSONS IN HOUSEHOLD	INCOME LEVEL
1	\$18,000
2	\$22,000
3	\$23,000
4	\$24,600
5	\$28,780
6	\$32,960
7	\$37,140
8	\$41,320

What Do We (OPRF Partners) Do?

- Enter Intergovernmental Agreement & Establish Partnership
- Make Referrals
 - Train staff to refer callers to NWHP
- Promotion
 - Share program and partnership information widely across community
- Provide Pilot Stipend
 - Offer stipend to support pilot year of program. Reevaluate stipend after third quarter utilization review. (Year I - \$7,000 or \$1,750 per organization)

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- What Do They Do
 - Advertise, Interview, Background Check Handymen
 - Screen Applicants for Eligibility, Complete Applications, Arrange Linkage
 - Legal Disclaimer
 - Management of Program Budgets, Data, Reporting
 - Promotion
 - Fundraising



CLIENT	#		
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HANDYMAN PROGRAM REGISTRATION

Name:	Date:
Address:	
City:Illino	ois Zip:
Home Phone: Cel	l Phone:
Email address:	
How did you hear about this program?	
DEMOGRAPHICS	
Race: American Indian / Alaskan Native Asian Black or African American Native Hawaiian or Other Pacific Islander White or Caucasian Multi-Race:	Ethnicity: □ Hispanic □ Not Hispanic
Gender:	
□ Male □ Female	
How many people live in your home?	_
Applicant 60 years or older? Yes	No
Total adjusted gross income:(salary, social sec	urity disability, civil service, railroad retirement)
\$	

Cost of items:				
Length of Service	Other			
Attic Stairs	Toilet Repair			
Faucet Replacement	Dryer Vent			
Sink	Pipe Repair			
Disposal	Window Repair			
Grab Bars	Fan			
Smoke Alarms	Screen Repair			
Door Locks	Faucet Repair			
Gutters	Shower Door			
Soffit Repair	Other			
Drain	Other			
Light Fixture	Other			
Handyman:	Date:			
Payment Amount: (if applicable)_	Rate:			
Donation Amount:(if applicable)				
In consideration for the opportunity to participate in the OPRF Home F	Repair Program and for other good and valuable			
consideration herein acknowledged, I hereby release and hold harmless the Northwest Suburban Housing Collaborative,				
North West Housing Partnership, The villages and townships of Oak F				
communities, boards of directors, municipal staff and elected officials				
Mayors Caucus and their officers, agents, and employees from any ar				
fees and costs of defense the Northwest Suburban Housing Collabora and townships of Oak Park and River Forest and all related parties as				
or the Metropolitan Mayors Caucus may suffer as a result of claims, di				
nature, in any way resulting from my participation in this program. I wi				
fees of attorneys and all costs and other expenses arising therefrom o				
ices of attorneys and all costs and other expenses anising thereiron o	or incurred in connection therewith, and, it any			
judgments shall be rendered against the Northwest Suburban Housing				
,	g Collaborative, North West Housing Partnership, the			
judgments shall be rendered against the Northwest Suburban Housing	g Collaborative, North West Housing Partnership, the ies and participating communities or the Metropolitan			

Date: __

Signature: ___

NEXT STEPS

SEEK APPROVAL FROM ALL PARTNER ORGANIZATIONS (OPRF PARTNERS)

SIGN INTERGOVERNMENTAL AGREEMENT FOR OPRF HOME REPAIR PROGRAM PARTNERSHIP & NWHP PARTNERSHIP AGREEMENT (OPRF PARTNERS)

ADVERTISE AND HIRE HANDYMAN TO SERVE OUR COMMUNITIES (NWHP)

PROMOTE PROGRAM AND MAKE REFERRALS

THANK YOU!

QUESTIONS -

PAMELA MAHN (708) 383-8060 PMAHN@OAKPARKTOWNSHIP.ORG

ROBYN SANDYS (847) 969-056 I ROBYNSANDYS (MYNHP.NET

AGE-FRIENDLY COMMUNITY STATUS UPDATE

Village of Arlington Heights, Illinois







Village Business Plan Goal-Age Friendly Community Status

Background on project

AARP Survey

Implementation

Collection

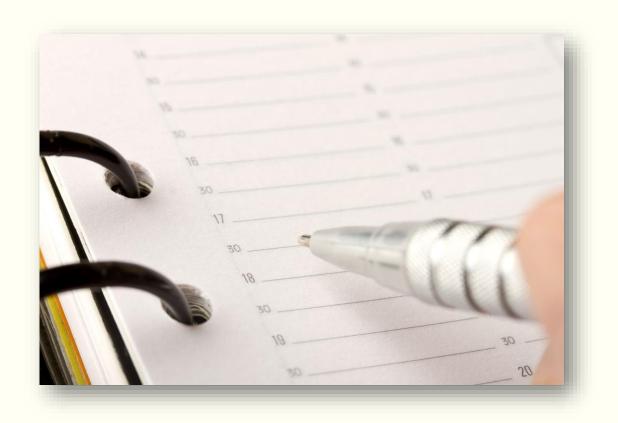
Results

Next Steps

Recommendation

Action Plan

Implementation



BACKGROUND



Strategic Priority #9:

Find New Ways to Embrace Diversity within the Community and the Village Government

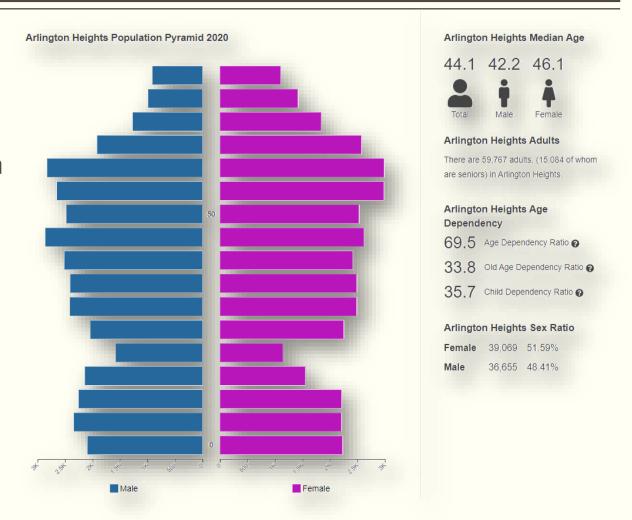
Health & Human Services Age Friendly Community Certification

Assess the existing services, programs and facilities and make recommendations about which ones require improvement, replacement or elimination.



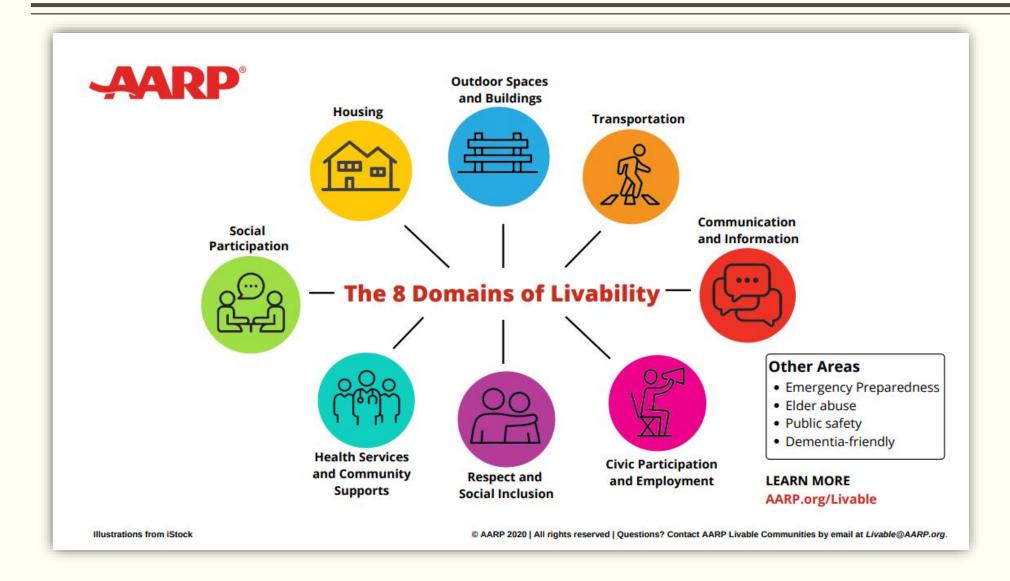
Background:

- Growth of 60+ population
- 11.1% in 2010 to 17.8% in 2050.
- The 65+ age group will more than double, from 917,616 in 2010 to 1,866,215 in 2050



https://worldpopulationreview.com/us-cities/arlington-heights-il-population

AARP Network of Livable Communities (ALCN)



2017 Applied for Age-Friendly Community Designation

The Letter of Commitment

While there is flexibility in how this document can be worded, the following items must be addressed in a Letter of Commitment that is signed by the community's highest elected leader.

- 1. Establishing mechanisms to involve older people
- **2.** A baseline assessment of the age-friendliness of the community
- 3. The development of a communitywide action plan based on the findings of the assessment
- **4.** Identification of indicators so progress can be monitored against the action plan



2018 Steering Committee Formed

- Volunteers
- Senior Citizens' Commissioners
- Senior Center Tenant Agencies
- Village Staff
- Local Township Staff
- Business Leaders
- Other Local Government Representatives



2019 AARP Age-Friendly Online Community Survey

For ONLINE Survey; contact AARP

https://www.aarp.org/content/dam/aarp/livable-communities/livable-documents/documents-2019/NAFSC-2019-research-survey-request-form.pdf?Q_SurveyVersionID=current&Q_CHL=preview

Template Directly Addresses 8 Domains of Livability

No Additional Questions Related to your Municipality



SURVEY COLLECTION



COLLECTION



- Online Format
- October 20, 2019-November 24, 2019
- 880 Surveys Completed
- Ages 45+
- All Arlington Heights Residents



DEMOGRAPHICS



30.6% were age 45 to 55;

29% aged 56 to 65

27% aged 66 to 75

12.1% aged 76 and over

72% of responses identified as married

50% were employed full, or part-time

44% are retired

75% reported an income of \$75,000 or more.



PRIORITY OUTCOMES



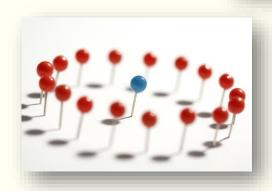
Priority Outcomes



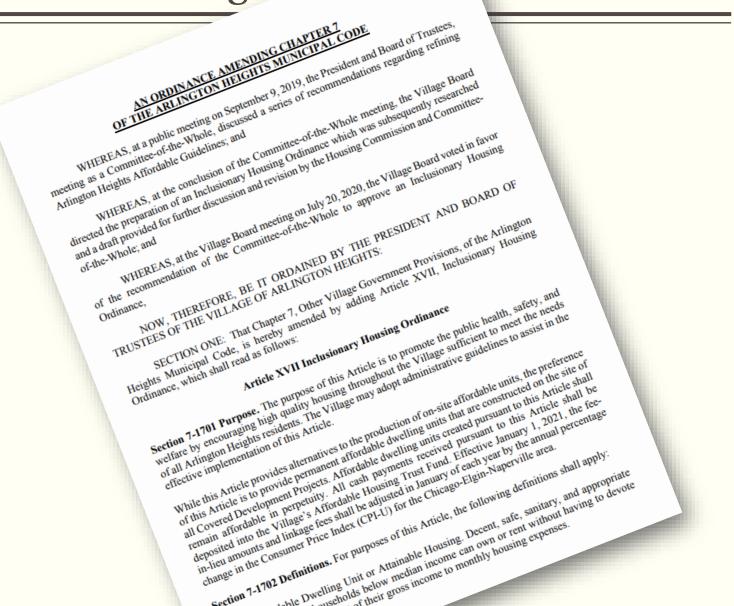
- 1. Access to Safe Affordable Housing
- 2. Increase Affordable Transportation Options
- 3. Central Source of Community Information
- 4. Increase Use of Senior Center Activities
- 5. Access to Affordable Home Health Care Providers
- 6. Install Audio/Visual Pedestrian Crossings
- 7. Job Opportunities for Older Adults and Those with Disabilities
- 8. Civic Activities that are More Affordable
- 9. Create Separate Pathways for Bikes vs. Pedestrians
- 10. Involving Older Adults in School Events







Access to Safe Affordable Housing



Increase Affordable Transportation Options

TOWNSHIP

WHEELING TOWNSHIP DIAL-A-RIDE BUS

- · Wheeling Township Residents Only
- Within Wheeling Township
- Age 60 and Over or 18 and over with a permanent disability
- Monday through Friday 9:00am to 3:30pm
- Fee of \$2.00 each way
- Pre-registration required
- Advance Reservations Needed: 847-259-7743, 2 business days minimum
- wheelingtownship.com/services
- http://www.wheelingtownship.com/Senior-Disability-Services

WHEELING TOWNSHIP MEDICAL VAN

- Wheeling Township Residents only
- Health care appointments within Township
- Monday through Friday 9:00am to 3:30pm
- Fee of \$2.00 per ride within Township. Medical vans travel to the Northwest Community Hospital and immediate surrounding doctors offices:
- Pre-registration Required: 847-259-7743
- Minimum 10 days in advance, but can be made up to 30 days in advance.
- http://www.wheelingtownship.com/Senior-Disability-Services

ELK GROVE TOWNSHIP DIAL-A-RIDE

- · Elk Grove Township Residents Only
- Persons Over age 55; disabled persons over the age of 18
- Monday through Friday, 9:30 3:00
- Door to Door
- No fixed Charge Voluntary Donation
- Pick Ups from 10:30 am until 1:00 pm
- Call for information on set destination schedules.
- · Pre-registration required.
- Advance Reservations: 847-437-0300
- http://elkgrovetownship.com/senior/

PUBLIC TRANSPORTATION

PACE/RTA REDUCED FAIR/FREE

- Free rides for low income seniors age 65 and over, on fixed bus routes & trains. Must be enrolled in the Benefit Access Program administered by the Illinois Department on Aging at www.illinois.gov/aging (benefit access) or 312-913-3110 for more information.
- Reduced fare for seniors age 65 and over
- Permit Needed
- Register at Arlington Heights Senior Center or Wheeling Township or
- PACE 550 W. Algonquin in Arlington Heights Telephone: 847-364-7223 RTA Travel Info: 847-836-7000
- pacebus.com

ADA- PARATRANSIT

- Special Services for Individuals with disabilities
- Townships: Wheeling, Elk Grove, Barrington, Hanover, Maine, Palatine and Schaumburg
- Must qualify: To request an application call: 312-663-4357
- or for more information 800-606-1282 pacebus.com/paratransit \$3.00 per one way trip



MEDICAL TRANSPORTATION

TOWNSHIP RIDERS INITIATIVE PROGRAM

- Age 60 and over or persons with disabilities over age 18; for medical purpose only

 You must be register. Be registration can take
- You must pre-register. Pre-registration can take up to 14 days.
- Wheeling Township 847-259-7743
- Elk Grove Township 847-437-0300
- Cross Townships lines, not duplicating existing services
- Travel area: Townships of Elk Grove, Wheeling, Hanover, Maine, Barrington, Palatine, Schaumburg; Stroger Cook County Hospital, Hines VA Hospital & VA Hospital in Elgin
- Cost: \$5.00 per township line; \$10.00 maximum one-way. \$20 maximum round-trip

NORTHWEST COMMUNITY HEALTHCARE COURTESY VAN

- To or from hospital campus for covered services, (Doctor appointments are not considered covered—check first to see if your service is covered.)
- 24 hour notice: 847-618-6480
- Monday through Friday, 7:00am to 6:00pm
- Boundaries: North-Route 22; South-Elgin
 O'Hare/Thorndale: East-I-294; West-Route 59
- Eligible patients: \$5.00 one-way

ALEXIAN BROTHERS M.C. SPIRIT VAN

- Try to limit service to the elderly
- Ambulatory Services-campus medical care
- Boundaries: East-Elmhurst Rd.; West-Springinsguth Rd; North-Kirchoff Rd; South-Army Trail Rd
- Monday-Friday: 7:30am-4:00pm/\$4.00 one way
- Reservations: minimum 24 hours notice, 847-228-6394, one week notice preferred

ESCORTED TRANSPORTATION SERVICE

- Boundaries: North-Lake Cook Rd: South-
- Biesterfield; East-Greenwood; West-Barrington
- Medical and Dental Purposes only
- Age 60+ Must be able to get in/out of vehicle.
- Escort remains with rider
- Round Trip Donation: \$12.00; may be \$24.00 if outside of boundaries
- Must be registered. Reserve one week prior.
- Reservations by appointment: 847-222-9227

Central Source of Community Information

Access to Information

Respondents were asked where they would go to find information or resources for older adults for caregiving, meals, home repair, and transportation.



94% said family or friends

80% would ask a health care provider

80% would look on the internet.

Access to information as a one referral source rated between good to poor. Clear signage needs improvement, as well as information in multiple languages.







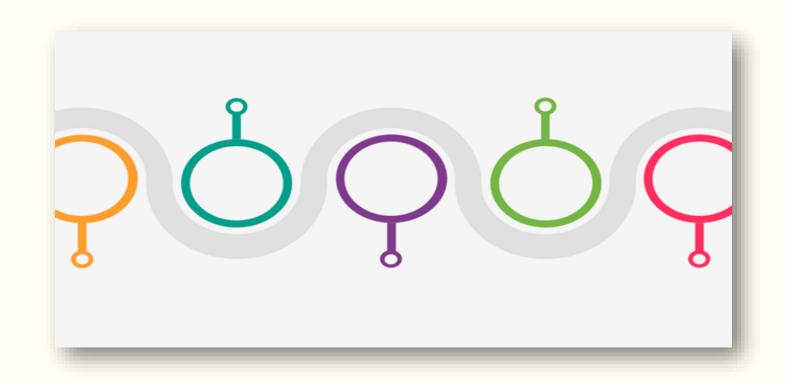
NEXT STEPS



Recommendations



- Create Action Plan
- Central Source of Information
- Collaborate with Community Resources
- Assess Programs and Services
- Create Accessible Database
- Train Employees
- Market Plan



Tracey Colagrossi, MS Senior Center Manager Department of Health & Human Services Village of Arlington Heights

847-253-5532 ext. 301

Dr. George Motto Senior Citizens' Commissioner





Using Surveys to Plan for an Age Friendly Community December 3, 2020





Where a Survey Fits in Woodstock's Planning Process

Phase 1: Population, Economy, community



Phase 2: Needs Assessment



Phase 3: Action Plan





















What is the Role of Surveys in Policy Development?

- Answer questions unique to your community that may not be included in available data
- Compare different population groups
- Begin discussion
- Prioritization
- Justify actions or policies

Who to Survey and Why?

- Older people themselves
- Caretakers of older people
- Near retirement people
- Younger people



Interviews, Focus Groups, or a Survey?

- More people can participate
- Gathers demographic data
- Answers specific questions
- Gathers more data
- More personal information and responses



What Types of Questions to Ask?

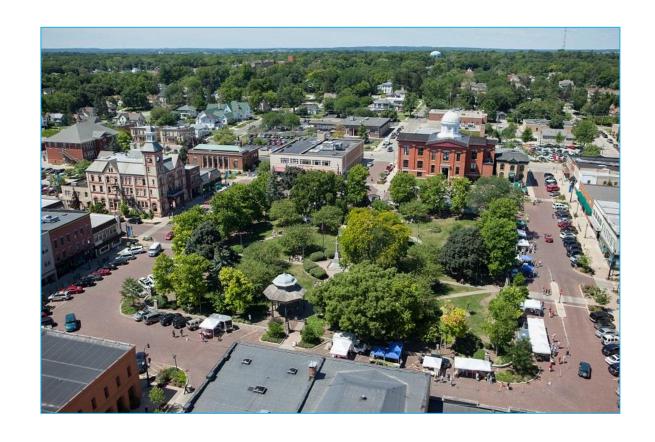
- Open ended: "Where should new parks be located?
 - Plus-allows for ideas you haven't thought of. Allows respondent to feel truly heard.
 - Minus-difficult to compile and compare answers.
- Ranking: "Rank these four park locations from 1-4 with 1 being your most preferred."
 - Plus-useful for prioritizing options
 - Minus-no idea if the respondent cares a lot or a little.
- Ratings scales: "Rate how often you are likely to use a park at each of the following locations."
 - Plus- Also good for prioritizing options. Allows more variation in responses than ranking.
 - Minus-Respondents find them tiresome to answer.
- •Multiple choice: "The locations listed below are being considered for new parks. Check all the locations you would use."
 - Plus-quick to answer and quick to tabulate.
 - Minus-provides little detail on preferences.



Getting Responses

- Paper vs. digital
- Reaching your audience
 - Mailing lists
 - Municipal mailings
 - Go where they are
 - Nonresidents





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