



## VILLAGE OF RIVER FOREST AGE-FRIENDLY ADVISORY AD-HOC COMMITTEE MEETING

Wednesday, June 9, 2021 – 7:00 PM  
Village Hall – 400 Park Avenue – River Forest, IL 60305  
1<sup>st</sup> Floor Community Room

### AGENDA

Physical attendance at this public meeting is limited to 36 individuals, with Committee members and staff having priority over members of the public. Public comments will be shared with the Committee. You may submit your public comments via email in advance of the meeting to: Sara Phyfer at [sphyfer@vrf.us](mailto:sphyfer@vrf.us). You may listen to the meeting by participating in a Zoom conference call as follows, dial-in number: 312-626-6799 with meeting ID: 826 4284 3119 or by clicking here: <https://us02web.zoom.us/j/82642843119>. If you would like to speak during public comment, please email [sphyfer@vrf.us](mailto:sphyfer@vrf.us) by 5:00 PM on June 9, 2021.

1. Call to Order/Roll Call
2. Public Comment
3. Approval of Meeting Minutes
4. Committee Member Updates: Dementia Friendly River Forest (DFRF) and Age-Friendly Communities Collaborative (AFCC)
5. Old Business
  - a. Continued Discussion and Consideration for Approval of Committee Survey Questions
6. New Business
  - a. Discussion Regarding Survey Distribution
7. Next Meeting: July 14
8. Adjournment

**VILLAGE OF RIVER FOREST  
AGE-FRIENDLY AD HOC COMMITTEE  
WEDNESDAY, MAY 12, 2021**

A regular meeting of the Village of River Age Friendly Ad Hoc Committee was held on Wednesday, May 12, 2021 at 7:00 p.m. in the Community Room of Village Hall, 400 Park Avenue – River Forest, IL.

**1. CALL TO ORDER/ROLL CALL**

The meeting was called to order at 7:04 p.m. Upon roll call, the following persons were:

Present: Chairperson Respicio Vazquez, Daniel Lauber, Deborah Frederick, Lydia Manning, Ron Sherman, James Flanagan, Barbara Mirel, Helen Kwan (*arrived at 7:09*)

Absent: Ron Sherman

Also Present: Management Analyst Sara Phyfer

**2. PUBLIC COMMENT**

None.

**3. APPROVAL OF MEETING MINUTES**

Mr. Flanagan made a motion, seconded by Mr. Lauber to approve the April 14, 2021 meeting minutes.

Roll call:

Ayes: Chairperson Vazquez, Ron Sherman, Daniel Lauber, Deborah Frederick, Lydia Manning, James Flanagan

Absent: Ron Sherman, Helen Kwan

Nays: None

Motion Passes.

**4. COMMITTEE MEMBER UPDATES: DEMENTIA FRIENDLY RIVER FOREST AND AGE FRIENDLY COMMUNITIES COLLABORATIVE**

Chairperson Vazquez stated he had nothing to report for AFCC because they did not meet.

Ms. Manning stated DFRF is still in a holding pattern and they plan to revisit the action plan and training schedule.

New members Ms. Mirel and Ms. Kwan introduced themselves.

**5. OLD BUSINESS**

a. Continued Discussion and Review of Committee Survey Questions

The Committee continued their discussion regarding the questions and updated the questions based on the feedback received. There was a discussion about the relevance of certain housing questions.

The Committee reached a consensus to continue discussing the survey at the next meeting in order to consider the questions relative to the AARP's 8 Domains of Livability.

Chairperson Vazquez stated he would like to get closure by next month on the survey, and that the Committee would discuss how to get it out to the community. It was determined a 10-15 minute survey-taking timeframe would be ideal.

**6. NEW BUSINESS**

None.

**7. NEXT MEETING: JUNE 9**

The Committee reached a consensus to hold its next meeting on Wednesday, June 9 at 7PM.

**8. ADJOURNMENT**

Ms. Manning made a motion, seconded by Mr. Lauber to adjourn the meeting at 8:40 pm.

Roll call:

Ayes: Chairperson Respicio Vazquez, Daniel Lauber, Deborah Frederick, Lydia Manning, Ron Sherman, James Flanagan, Barbara Mirel, Helen Kwan

Absent: None

Nays: None

Motion Passes.

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Sara Phyfer, Secretary

## Housing

1. My home is accessible to me.
2. My home is accessible to people who come to visit me or help me.

I want to stay in my current residence as I age

I will be able to stay in my residence as I age

My current home will allow me to have another person live with me.

I feel safe in my home.

My home is in a safe neighborhood.

It is important for me to age in River Forest

Property taxes are a significant factor in my/our ability to remain in River Forest

- *I would consider modifying my property to create a designated space for another adult (for example, an "in-law suite" or a freestanding small dwelling unit)*
- *I would consider living in an "in-law suite" or a freestanding small dwelling unit*

## Social Participation

3. There are enough opportunities to meet people in River Forest.
4. Activities and events are organized in places that are accessible to me
5. It is easy for me to learn about social events in the Village.
6. I find the range of events and activities offered throughout the Village are sufficiently varied.

## Technology

I have internet access.

My internet access is convenient and easy to use.

I am comfortable using a smartphone.

I use my phone for texting and email.

I use my electronic device to learn about information in the Village.

Awareness of emergency alerts from the Village

## **Respect and Social Inclusion**

7. I sometimes get annoying or negative remarks because of my perceived age.

I sometimes get annoying or negative remarks because of my appearance.

8. I sometimes sense discrimination because of my age

Signage in buildings (businesses, libraries, Village Hall etc.) is large enough for me to read.

### **Civic/Social Involvement, Employment and Volunteer Opportunities**

9. I have enough opportunities to interact with younger generations within River Forest.

[I have enough opportunities for Civic/Social involvement](#)

[I have enough opportunities for employment](#)

[I have enough volunteer opportunities](#)

10. I feel like a valued member of the River Forest community.

## **Communication and Information**

11. Printed and digital information from the Village is easy to read in terms of type face and size

Printed and digital information from other social institutions is easy to read in terms of type face and size

12. Printed and digital information from the municipality and other social institutions is written in understandable language

I prefer to get information from the Village via electronic means (email, text message, social media)

I prefer to get printed information from the Village via US Mail

Printed and digital information from the Village and other social institutions is written in understandable language

The Village communicates with me effectively.

The Township communicates with me effectively.

### **Community Support and Services for Older Adults**

13. Social services in River Forest meet my needs.

14.x

15. x

16. I know what services for older adults are available in River Forest.

I know how to access services for older adults in River Forest.

I use services for older adults in River Forest.

17. x

### Outdoor Spaces and Buildings

18. The sidewalks in my neighborhood are safe for me to use.

19. The businesses in River Forest are sufficiently accessible with a wheeled walker or wheelchair

There are plenty of places to sit and rest throughout the Village.

Street lights in the Village are bright enough for me to safely walk at night.

Street lights in the Village are bright enough for me to safely drive at night.

### Access to Transportation

I can get myself anywhere I want, when I want.

20. I have easy access to public transportation (the El, Metra, bus)

I usually take public transportation (the El, Metra, bus) to get where I need to go

I usually drive myself to where I need to go

I usually take a taxi or rideshare to where I need to go

I usually depend on others to get me where I need to go

### Financial Situation

22. My income is sufficient to cover my basic needs without any problems

23. I live well on my income

Add:

### Demographics

What is your age (circle one)?

50-60

61-70

71-80

80+

Do you own or rent (circle one)?

Own

Rent

With whom do you live (circle one)?

Live alone

Live with spouse

*Live with child*      *Live with friend/roommate*  
*Live with relative (other than spouse or child)*

*Do you use a caregiver (circle one)?*    Yes    No

*How long have you lived in River Forest (circle one)?*

*Less than 5 years*      *5-10 years*  
*10-15 years*      *20+ years*

*How long do you plan on staying in River Forest (circle one)?*

*Less than 5 years*      *5-10 years*  
*10-15 years*      *20+ years*

*Do you or your spouse receive income from a pension (circle one)?*    Yes    No

*Do you know approximately how much it costs per month to live in your current home (circle one)?*

*Yes*    *No*

## **Demographics**

**Which type of home do you currently live in?**

- Single family house
- Townhouse
- Apartment or condominium in a multifamily building
- Other, please specify: \_\_\_\_\_

**Do you rent or own your current home? (QUESTION #Y)**

- Own — Skip to Question #X
- Rent

**How much is your monthly rent?**

- Less than \$300 per month
- \$300 through \$499 per month
- \$500 through \$749 per month
- \$750 through \$999 per month
- \$1,000 through \$1,499 per month

- \$1,500 through \$1,999 per month
- \$2,000 or more per month

**QUESTION X:**

**Owners continue from Question Y (above)**

**How much are your monthly ownership costs** *(include only your monthly mortgage payment, property tax and condominium or homeowner association monthly fee)?*

- Less than \$500 per month
- \$500 through \$699 per month
- \$700 through \$999 per month
- \$1,000 through \$1,499 per month
- \$1,500 through \$1,999 per month
- \$2,000 though \$2,499 per month
- \$2,500 though \$3,999 per month
- \$4,000 or more per month

**Given your druthers, how much longer do you expect to live in your current River Forest home?**  
(may want to refine the ranges)

- Less than a year
- 1 to 5 years
- 6 to 10 years
- 11 or more years

**Given your druthers, how much longer do you wish to continue to live in River Forest?**

- As long as possible
- For the rest of my life

OR give respondents these answers from which to choose:

- 1 to 5 years
- 6 to 10 years
- 11 or more years

**What type of home do you expect to move to next?**

- Apartment or condominium in a multifamily building
- Townhouse
- Single family house
- Granny flat also known as an accessory dwelling unit
- Retirement home or assisted living for senior citizens
- Group home or small assisted living home for seniors (6-10 residents)
- Nursing home
- Other: Please specify \_\_\_\_\_

**Which of the ranges below best represents your household's total gross income from all sources in 2020?**

- Less than \$24,999



- \_ \$25,000 through \$74,999
- \_ \$75,000 through \$124,999
- \_ \$125,000 through \$199,999
- \_ \$200,000 or more



**Village of River Forest**  
**Village Administrator's Office**

400 Park Avenue  
River Forest, IL 60305  
Tel: 708-366-8500

**MEMORANDUM**

Date: June 4, 2021

To: Age-Friendly Committee

From: Sara Phyfer, Management Analyst/Deputy Clerk

Subj: Distribution Options for Committee Survey

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As the Committee works to finalize its survey, the Committee may also wish to begin considering distribution methods. These are the readily available methods and ones the Village has used previously for surveys/questionnaires:

- Load the survey into SurveyMonkey, which offers various export options for analysis and charts responses. The survey can also be printed and keyed in later for those who prefer paper copies.
- Targeted post card mailing to older adults in the Village using existing Village records (senior property tax exemption list, vehicle sticker senior discount list, and send to all multi-family residences to capture renters)
- Include a note on water bills
- Advertise in the Village's E-Newsletters and on social media
- Request that the Library and Township utilize their records of older adults to communicate the survey's availability and/or to accept paper copies on the Committee's behalf
- Request that the Sheridan communicate it with their residents and/or to accept paper copies

This item is for discussion and no formal action is required from the Committee.