

Aging-in-Community presentation

RIVER FOREST AGE-FRIENDLY COMMISSION -- OCTOBER 14, 2020

BRAD WINICK – PLANNING/AGING



My Presentation Agenda

1. Some brief terminology framing
2. Who am I & what is my background with Aging-in-Community?
3. What does it take for a community to build a sustainable Aging-in-Community program?
4. Discussion: Where is River Forest currently at with Aging-in-Community & what more do you want to achieve?

Terminology/Framing the Discussion

- Q: What is the difference between Aging-in-Community and Aging-in-Place?
- A: *Aging-in-Place focuses on a micro, dwelling-specific set of renovation strategies; Aging-in-Community focuses on a macro, community-level set of planning & policy strategies*

- Q: How is Aging-in-Community different from Age-Friendly?
- A: *Aging-in-Community is a mindset/approach/strategy; Age-Friendly is a specific protocol sponsored by the World Health Organization & AARP*

- Q: How does Age-Friendly planning connect with Dementia-Friendly planning?
- A: *I feel that they overlap & that planning for Aging-in-Community should consider and incorporate accommodations for both populations*

A Little about Me, Personally

- ❑ Grew up in Evanston, attended ETHS (*Class of 1974*)
- ❑ Received three degrees at University of Illinois:
 - ❑ Master of Urban Planning & Policy, 1985 (*I hold the AICP certification*)
 - ❑ Master of Architecture, 1984
 - ❑ Bachelor of Arts in Industrial Design, 1980
- ❑ Married to Janet Settle since 1990/father of Max Settle-Winick (*born in 1991, a 2009 OPRF graduate*)
- ❑ Lived in SW Oak Park from 1990 > 2012; when we downsized & moved to a South Loop condo

A Little about Me, Professionally

- ❑ The bulk of my career I have been a private sector urban planning consultant
- ❑ Most of my clients have been public sector entities
- ❑ My projects have included open space, strategic, downtown, neighborhood & corridor plans
- ❑ My projects typically involve significant stakeholder & public participation
- ❑ In 2013 I formed *Planning/Aging* to focus on the intersection of community planning & the aging population – Aging-in-Community

What *Planning/Aging* does

- ❑ Advocacy/advising – presenting on Aging-in-Community to numerous professional & community audiences
- ❑ Writing – primary author of *Planning Aging-Supportive Communities*, published by the American Planning Association
- ❑ Technical Assistance – supported a number of local & non-local communities on Aging-in-Community strategies
- ❑ Education – as an Adjunct Professor at UIC College of Urban Planning and Public Affairs, developed & taught “Planning Communities for an Aging Population” inter-disciplinary graduate level course
- ❑ Aging-in-Community activism – network nationally; co-founded annual ASA/APA Summit on Livable Communities



I also serve as:

- ❑ A Board Member and Advocacy Task Force Chair, AgeOptions (*the Area Agency on Aging of Suburban Cook County*)
- ❑ A member of Age-Friendly Chicago Advisory Commission
- ❑ A Board Member, H.O.M.E. (*Housing Opportunities & Maintenance for the Elderly*), Chicago
- ❑ An advisor to the Metropolitan Mayors' Caucus' (MMC's) Age-Friendly Communities Collaborative (AFCC) -- more on this later

But enough about me – let's talk about
Aging-in-Community & River Forest!

Guiding Principles for the Sustainability of Age-Friendly Community Efforts *

1. Build Public Will
2. Engage Across Sectors
3. Utilize Metrics
4. Secure Resources
5. Advance Age-friendly Public Policies, Practice, and Funding

(Borrowed from a 2015 report by Grantmakers In Aging)*



CSI:

Age-Friendly Communities

CSI: Age-Friendly Communities

- C = Commitment** (to building & sustaining an Age-Friendly community)
- S = Support** (for this work with staff, community and/or outside resources)
- I = Integration** (between Age-Friendly work with other community programs & priorities, including River Forest Forward, the Action Matrix, the Capital Improvement Program, Affordable Housing Plan, other plans & ordinances, plus the plans & programs of community sister & partner agencies)

Discussion

1. Please share your questions, comments and/or critiques on anything I have presented.
2. Where do you feel River Forest stands with the three “CSI: Aging-in-Community” key components – Commitment, Support & Integration?
3. What more does River Forest wish to achieve with regards to Aging-in-Community, and what assistance do you need to get there?

(MMC Age-Friendly Communities Collaborative note -- I)

As you all know, River Forest has been a leader of the MMC's AFCC

The MMC has realized that a significant & growing number of communities are interested in and/or committed being age-friendly

The MMC has also realized that for most of these communities, their commitment outstrips their internal capacity

In light of this recognition, the MMC recently submitted a funding proposal to RRF Foundation for Aging to enhance municipalities' capacity through education, training, and technical assistance

(MMC Age-Friendly Communities Collaborative note -- II)

Planning/Aging is a partner in MMC's proposal (along with the Chicagoland Metropolitan Agency for Planning – CMAP)

Should MMC's proposal receive RRF funding, I would be providing education, training and other services to a number of AFCC municipalities

RRF has responded favorably to our proposal thus far

Funding awards will be announced in mid-November

Thank You

Planning/Aging

Helping communities plan for an aging population

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