



Take the Healthy Lawn, Healthy Family Pledge!

Gardening and lawn care chemicals can be harmful to humans, pets, wildlife and waterways. The good news is there are many surprisingly easy ways to care for your lawn and garden that avoid putting your family and neighbors at risk like watering correctly, mowing high, and using naturally derived products.

River Forest's Healthy Lawn, Healthy Family is asking you to pledge today to eliminate synthetic chemical use on your lawn and garden and receive a free yard sign in honor of your commitment.



I am ready to take the pledge to reduce my use of harmful lawn and garden chemicals!

I pledge to adopt the following natural lawn care methods:

(To receive a free sign choose #1 and any two of the other choices).

- 1. Eliminate Use of Harmful Chemicals:** I will (or have already) eliminate the use of herbicides such as glyphosate (Round Up), 2,4 D, and/or "weed and feed" products on my lawn and in my garden.

(required to receive free sign)

Additional natural lawn care practices:

(choose two to receive free sign)

- 2. Mow high:** I will mow my grass to a height no less than 3 inches.
- 3. Water properly:** I will water my lawn with no more than 1 inch of water per week.
- 4. Fertilize organically:** I will use only naturally derived organic fertilizers on my lawn and garden such as compost, compost tea, alfalfa meal, etc.

Please fill out information on back to receive your free sign

Contact information

(so we can get you your sign)

First Name _____

Last Name _____

Address _____

City _____

Zip _____

Email: _____

Drop off or mail your completed pledge form to:
River Forest Parks Foundation
401 Thatcher Ave, River Forest, IL 60305
or fax it to (708) 366-6661



For more information about this program contact
River Forest Healthy Lawn, Health Family
at rfparks.com/parks-foundation or (708) 366-6660.



The mission of Midwest Pesticide Action Center is to
reduce the health risks and environmental impacts of
pesticides by promoting safer alternatives.

4611 N. Ravenswood Ave., Suite 107
Chicago, IL 60640
Tel: (773) 878-7378
Fax: (773) 878-8250

www.midwestpesticideaction.org