

# Great Neighbors

# Friendship for all ages in River Forest and Oak Park

The Great Neighbors Partnership is citizens, non-profits and government entities working together to help older adults stay socially connected and part of community life.



Providing locally governed supportive services to the community.

[www.RiverForestTownship.org](http://www.RiverForestTownship.org)

[www.oakparktownship.org](http://www.oakparktownship.org)



Arbor West Neighbors is a grassroots, inter-generational organization of neighbors connecting to empower adults to thrive as they age in the community. Our goal is to support the residents of Oak Park, River Forest, Forest Park, and Austin who desire to age in the home of their choice through the promotion of an age-integrated society that recognizes the voices, power, and needs of engaged adults.

[www.arborwestneighbors.org](http://www.arborwestneighbors.org)



Little Brothers – Friends of the Elderly’s (LBFE) mission is to alleviate isolation and loneliness for older adults through friendship and social interactions.

Great Neighbors is a program of Little Brothers – Friends of the Elderly, Chicago Chapter

[www.littlebrotherschicago.org](http://www.littlebrotherschicago.org)

[www.great-neighbors.org](http://www.great-neighbors.org)

Neighborhoodly interactions between volunteers (Friendly Neighbors) and older adult Neighbors to prevent isolation and loneliness.

## Neighbors:

- 60 or older
- Would like to be more connected to their neighborhood
- Welcomes friendly visits



## **Friendly Neighbor volunteer:**

- 18 and older
- Encourages friendly interactions with older adults
- Teamed up with other volunteers

## **Friendly Neighbor volunteer:**

- Complete a background check
- No financial or legal involvement
- Confidentiality agreement

Get to know your neighbors  
through simple,  
friendly interactions.



In person visit or outing



Chat on the phone



Go on errands together



you live in the  
neighborhood

older adults live in  
the neighborhood



be neighborly



become Great Neighbors

Socializing and staying engaged  
helps lower stress  
and enhances wellbeing.

Create a more tightknit neighborhood  
by knowing who your neighbors are.



Give younger neighbors the chance to know and become friends with older generations.

Share your skills and hobbies with others and have the opportunity to experience new ones.

Be a part of a new movement in River Forest to:

- create intergenerational friendships
- prevent isolation
- help older adults age in place

## Refer an older adult:

- With their permission
- Call 312.604.7234 or email
- Name, address, & phone number

Be a Friendly Neighbor volunteer:

- Sign-up on [www.great-neighbors.org](http://www.great-neighbors.org)  
or call 312.604.7234